# Foodie's Markets Prepared Foods Sample Menu

(selections change daily - not all selections are available in all stores)

#### Cold Case Entrées

Certified Angus Beef® Grilled Flank Steak of the day sliced thin,
Certified Angus Beef® Steak Tips of the day, Glazed Meatloaf - Chicken or Beef,
Grilled Chicken Breast of the day, Fresh Salmon of the day, Herb-Rubbed Roasted Pork Loin
House Roasted Breast of Turkey of the day, Italian-style Meatballs
Spicy Buffalo Tenders, Stuffed Shells, Ravioli of the day, Stuffed Cabbage

#### Hot Entrees

Fresh soups made daily in-store - by cup, pint or quart, Rotisserie Chickens
Foodie's Famous Creamy Comfort Mac and Cheese
Empanadas - Chicken or Beef, Calzone of the day, Quesadilla of the day
Breaded Chicken Fingers or Chicken Tenders, Chicken Parmesan
Stuffed Shells, Savory Beef or Chicken Stew, Lasagna of the day, Fried Rice of the day

### Vegetarian

Kale Salad, Carrot Salad, Roasted Root Vegetables, Broccolini sautéed in garlic Roasted Brussels Sprouts, Sweet Potato Salad, Wild Rice Salad Israeli Couscous Salad, Quinoa Salad, Tofu Salad

## Deli Salads Made Fresh In-Store Daily

Classic Egg Salad, Red Bliss Potato Salad, Classic Potato Salad,
Chicken Salad with Grapes and Walnuts, Curry Chicken Salad, Classic Chicken Salad
Classic Cole Slaw, Orzo Pasta Salad, Seafood salad, Tuna Salad of the day
Classic Ham & Macaroni Salad



#### www.foodiesmarkets.com

1421 Washington Street in Boston's South End, MA 617-266-9911
46 Depot Street, Duxbury, MA 781-934-5544
230 West Broadway, South Boston, MA 617-269-4700
Coming in 2016 to Belmont, MA